

Event	Ov Pos	Name	No.	Gen	Category	Club	Time	Swim	T1	Cycle	T2	Run
Short	1	Stuart Andrew	835	Male	Senior	Unattached	00:48:24	00:07:56	00:01:52	00:27:42	00:00:47	00:10:05
Short	2	Neil Cruickshank	841	Male	Senior	Unattached	00:48:31	00:07:14	00:01:42	00:30:01	00:00:52	00:08:39
Short	3	Ross Murdoch	833	Male	Senior	Unattached	00:49:12	00:07:53	00:02:10	00:27:18	00:00:41	00:11:07
Short	4	James Barfoot	842	Male	Senior	Unattached	00:49:21	00:07:15	00:01:43	00:29:42	00:01:02	00:09:37
Short	5	Julie Wilson	847	Female	Veteran	Inverness Harriers	00:49:41	00:06:24	00:01:20	00:30:26	00:00:57	00:10:31
Short	6	Calum Nicol	822	Male	Senior	Unattached	00:49:54	00:08:06	00:01:35	00:28:50	00:00:51	00:10:30
Short	7	Dean Wilkenson	837	Male	Senior	Unattached	00:50:17	00:07:28	00:01:25	00:29:50	00:00:32	00:10:59
Short	8	Steven Chalmers	836	Male	Veteran	Three Peaks Tri	00:50:20	00:09:42	00:01:18	00:27:34	00:00:48	00:10:56
Short	9	John Buchan	827	Male	SuperVet	Unattached	00:50:55	00:09:08	00:01:33	00:29:15	00:00:49	00:10:08
Short	10	Philip Stokoe	817	Male	Senior	Unattached	00:51:52	00:09:34	00:02:49	00:27:01	00:01:24	00:11:01
Short	11	Arash Saharie	831	Male	Veteran	Unattached	00:53:06	00:09:43	00:02:23	00:28:14	00:01:51	00:10:53
Short	12	Andrew Brooks	824	Male	Senior	Three Peaks Tri	00:53:58	00:08:53	00:01:29	00:31:10	00:00:59	00:11:24
Short	13	Thomas Lavin	834	Male	Senior	Fleetfeet Tri	00:54:39	00:07:49	00:02:11	00:32:35	00:00:46	00:11:15
Short	14	Mark Briggs	838	Male	Veteran	Unattached	00:54:48	00:06:42	00:02:20	00:32:14	00:00:39	00:12:49
Short	15	Kevin Murray	828	Male	Veteran	Three Peaks Tri	00:55:43	00:09:06	00:01:58	00:32:00	00:00:29	00:12:07
Short	16	David Forsyth	808	Male	Veteran	Aberdeen AAC	00:57:22	00:11:53	00:02:07	00:30:21	00:01:12	00:11:46
Short	17	Graeme Gordon	825	Male	Veteran	Unattached	00:57:31	00:09:02	00:02:08	00:33:37	00:00:43	00:11:59
Short	18	James Robinson	829	Male	Senior	Unattached	00:59:37	00:08:19	00:02:30	00:32:03	00:01:36	00:15:07
Short	19	David Wallace	848	Male	Veteran	Three Peaks Tri	00:59:56	00:06:23	00:01:59	00:33:50	00:01:28	00:16:13
Short	20	Mika Mackenzie	823	Female	Veteran	Unattached	01:01:01	00:09:34	00:01:10	00:36:18	00:00:46	00:13:10
Short	21	Marriane James	826	Female	Senior	Unattached	01:01:44	00:09:11	00:02:15	00:37:39	00:00:39	00:11:58
Short	22	Michelle Hadden	809	Female	Senior	Unattached	01:01:48	00:09:10	00:02:08	00:34:49	00:00:51	00:14:48
Short	23	Juliet McBean	802	Female	Senior	Aberdeen Running Sisters	01:02:51	00:09:09	00:02:16	00:37:55	00:00:34	00:12:54
Short	24	Sylvia Hay	819	Female	Veteran	Unattached	01:03:31	00:09:58	00:02:11	00:36:05	00:00:42	00:14:33
Short	25	Roy Burrell	811	Male	Veteran	Unattached	01:04:05	00:09:52	00:04:58	00:36:25	00:00:43	00:12:04
Short	26	Susan Burrell	820	Female	Veteran	Unattached	01:04:11	00:12:46	00:02:11	00:36:30	00:00:36	00:12:05
Short	27	Scott Docherty	816	Male	Junior	Unattached	01:04:43	00:10:28	00:02:27	00:38:56	00:00:35	00:12:15
Short	28	Nelia Laurens	803	Female	Senior	Unattached	01:06:21	00:09:12	00:03:28	00:38:20	00:01:29	00:13:49
Short	29	Matthys Lourens	804	Male	Senior	Unattached	01:06:24	00:09:07	00:03:38	00:38:17	00:01:31	00:13:48
Short	30	Valerie Harries	812	Male	Veteran	Unattached	01:06:30	00:09:46	00:02:26	00:39:18	00:00:30	00:14:28
Short	31	Ross Docherty	815	Male	Junior	Unattached	01:06:52	00:09:25	00:02:32	00:41:41	00:00:46	00:12:26
Short	32	Sarah Atkinson	839	Female	Senior	Unattached	01:08:33	00:08:44	00:02:53	00:42:05	00:00:45	00:14:03
Short	33	Mike Hawkyard	806	Male	SuperVet	Unattached	01:12:11	00:10:27	00:03:47	00:37:29	00:01:58	00:18:28
Short	34	Andrew Strachan	830	Male	Senior	Unattached	01:16:57	00:09:37	00:02:10	00:53:18	00:01:04	00:10:45
Short	35	Craig Wilson	810	Male	Senior	Unattached	01:28:37	00:10:34	00:01:22	01:00:30	00:00:45	00:15:23