

Race	Name	Number	Category	Time	Category Position	Swim	T1	Cycle	T2	Run
Alford Novice & Team	Sarah Young	91	Female Junior	00:42:55	1	00:05:18	00:00:54	00:24:04	00:00:18	00:12:19
Alford Novice & Team	Ingrid Leask	85	Female Junior	00:49:23	2	00:08:33	00:01:09	00:25:25	00:00:48	00:13:25
Alford Novice & Team	Fiona Hughes	58	Female Junior	00:49:47	3	00:07:33	00:01:04	00:28:07	00:00:16	00:12:43
Alford Novice & Team	Debora May	16	Female Junior	00:55:37	4	00:09:28	00:01:18	00:29:41	00:00:37	00:14:30
Alford Novice & Team	Lisa Mackenzie	90	Female Junior	00:56:32	5	00:06:13	00:01:16	00:30:24	00:00:27	00:18:09
Alford Novice & Team	Emma Wood	40	Female Junior	00:58:38	6	00:07:13	00:01:35	00:34:01	00:00:26	00:15:21
Alford Novice & Team	Andrew Musgrave	72	Male Junior	00:40:29	1	00:06:22	00:01:07	00:22:06	00:00:19	00:10:33
Alford Novice & Team	Callum Smith	57	Male Junior	00:42:36	2	00:07:35	00:01:26	00:20:58	00:00:24	00:12:11
Alford Novice & Team	John Rutledge	94	Male Junior	00:42:51	3	00:05:17	00:01:22	00:23:36	00:00:29	00:12:04
Alford Novice & Team	William Newman	83	Male Junior	00:43:15	4	00:06:18	00:01:36	00:23:04	00:00:35	00:11:39
Alford Novice & Team	Simon Spencer	70	Male Junior	00:44:24	5	00:06:26	00:01:07	00:23:19	00:00:31	00:12:58
Alford Novice & Team	Jamie Kunka	31	Male Junior	00:45:31	6	00:07:28	00:01:32	00:22:24	00:00:59	00:13:05
Alford Novice & Team	Alex Standen	30	Male Junior	00:45:50	7	00:09:04	00:01:20	00:22:28	00:01:13	00:11:42
Alford Novice & Team	Gary Milne	95	Male Junior	00:47:10	8	00:05:26	00:00:41	00:24:48	00:00:21	00:15:50
Alford Novice & Team	Thomas Raeburn	27	Male Junior	00:50:03	9	00:09:38	00:01:36	00:23:59	00:00:36	00:14:11
Alford Novice & Team	Simon Platt	34	Male Junior	00:57:40	10	00:06:56	00:01:19	00:28:43	00:00:20	00:20:20

Alford Novice & Team	Craig Wilson	3	Male Junior	01:20:10	11	00:11:24	00:02:12	00:44:50	00:00:50	00:20:52
Alford Novice & Team	Olwyn Fraser	81	Female Senior	00:50:44	1	00:07:16	00:01:00	00:27:02	00:00:20	00:15:03
Alford Novice & Team	Heather Edgar	36	Female Senior	00:50:50	2	00:07:47	00:01:39	00:26:16	00:00:40	00:14:26
Alford Novice & Team	Elaine Mcconnachie	39	Female Senior	00:50:53	3	00:07:07	00:01:31	00:26:53	00:01:07	00:14:13
Alford Novice & Team	Lynne Fraser	66	Female Senior	00:51:15	4	00:07:05	00:01:10	00:27:09	00:00:19	00:15:30
Alford Novice & Team	Hannah Senior	84	Female Senior	00:51:50	5	00:06:20	00:01:47	00:26:57	00:00:25	00:16:18
Alford Novice & Team	Marie Rennie	11	Female Senior	00:52:19	6	00:09:38	00:01:45	00:25:36	00:00:35	00:14:42
Alford Novice & Team	Jen Mcwilliam	42	Female Senior	00:52:53	7	00:08:02	00:00:50	00:28:02	00:00:28	00:15:28
Alford Novice & Team	Jo Munro	13	Female Senior	00:56:45	8	00:09:51	00:01:11	00:30:03	00:00:48	00:14:48
Alford Novice & Team	Wendy Inglis	4	Female Senior	00:59:04	9	00:09:26	00:01:41	00:30:42	00:00:38	00:16:34
Alford Novice & Team	Luan Riach	10	Female Senior	01:01:20	10	00:11:03	00:01:31	00:28:40	00:00:53	00:19:10
Alford Novice & Team	Hanneke Marcano	14	Female Senior	01:02:02	11	00:11:15	00:01:56	00:29:57	00:01:07	00:17:44
Alford Novice & Team	Clare Easton	2	Female Senior	01:07:10	12	00:10:32	00:02:03	00:34:01	00:00:43	00:19:48
Alford Novice & Team	Andy Williams	65	Male Senior	00:43:39	1	00:06:59	00:00:46	00:22:30	00:00:22	00:12:59
Alford Novice & Team	Chris Jessiman	75	Male Senior	00:44:47	2	00:06:57	00:00:47	00:23:18	00:00:20	00:13:22
Alford Novice & Team	Scott Walker	87	Male Senior	00:48:43	3	00:06:31	00:01:39	00:26:59	00:00:17	00:13:15
Alford Novice & Team	Thomas Benson	7	Male Senior	00:50:26	4	00:08:33	00:01:41	00:25:27	00:01:08	00:13:34
Alford Novice & Team	Stuart Andrew	9	Male Senior	00:50:26	5	00:08:45	00:01:41	00:24:59	00:00:59	00:13:59

Alford Novice & Team	Stuart Mcadam	82	Male Senior	00:52:18	6	00:07:01	00:01:08	00:25:53	00:00:31	00:17:43
Alford Novice & Team	Lewis Gray	69	Male Senior	00:52:32	7	00:06:32	00:01:23	00:29:05	00:00:15	00:15:15
Alford Novice & Team	Ross Atkinson	29	Male Senior	00:53:05	8	00:08:46	00:01:28	00:27:09	00:01:08	00:14:31
Alford Novice & Team	Colin Inglis	5	Male Senior	00:55:23	9	00:08:43	00:01:47	00:27:06	00:01:08	00:16:36
Alford Novice & Team	John Riach	12	Male Senior	00:56:36	10	00:08:31	00:01:21	00:27:12	00:00:40	00:18:50
Alford Novice & Team	Craig Oswald	25	Male Senior	01:00:39	11	00:09:51	00:01:34	00:31:22	00:01:00	00:16:49
Alford Novice & Team	Erni Hamilton	43	Female Vet	00:46:09	1	00:08:05	00:01:07	00:23:06	00:00:27	00:13:20
Alford Novice & Team	Julie Wilson	76	Female Vet	00:47:49	2	00:06:22	00:00:57	00:26:14	00:00:36	00:13:36
Alford Novice & Team	Uma Thomas	33	Female Vet	01:05:21	3	00:08:29	00:02:16	00:34:59	00:00:41	00:18:53
Alford Novice & Team	Lindsay Cortes	8	Female Vet	01:09:34	4	00:09:58	00:02:04	00:34:19	00:00:40	00:22:31
Alford Novice & Team	Jake Vellacott	89	Male Vet	00:40:42	1	00:06:33	00:00:53	00:21:05	00:00:18	00:11:51
Alford Novice & Team	Andy Redman	80	Male Vet	00:42:46	2	00:06:29	00:00:57	00:22:03	00:00:10	00:13:05
Alford Novice & Team	David Blane	17	Male Vet	00:45:53	3	00:08:14	00:00:51	00:23:21	00:00:41	00:12:43
Alford Novice & Team	Tim Pott	52	Male Vet	00:46:02	4	00:08:09	00:00:54	00:23:31	00:00:57	00:12:28
Alford Novice & Team	Alan Riach	53	Male Vet	00:47:09	5	00:08:39	00:01:02	00:25:04	00:00:44	00:11:39
Alford Novice & Team	Ian Wilson	51	Male Vet	00:48:06	6	00:07:31	00:01:19	00:25:01	00:00:44	00:13:28
Alford Novice & Team	Ron Milne	79	Male Vet	00:49:27	7	00:06:38	00:00:48	00:25:47	00:00:22	00:15:48
Alford Novice & Team	Keith Charlton	22	Male Vet	00:49:45	8	00:08:26	00:01:31	00:26:09	00:00:58	00:12:38

Alford Novice & Team	Mark Reeve	20	Male Vet	00:50:38	9	00:08:20	00:01:37	00:25:19	00:00:33	00:14:46
Alford Novice & Team	Hugh Mackenzie	67	Male Vet	00:50:41	10	00:06:52	00:01:03	00:26:12	00:00:26	00:16:07
Alford Novice & Team	Ken Thomson	44	Male Vet	00:51:01	11	00:07:48	00:01:19	00:26:18	00:00:24	00:15:10
Alford Novice & Team	Sue Buchan	26	Male Vet	00:56:41	12	00:10:15	00:01:14	00:29:34	00:00:45	00:14:49
Alford Novice & Team	Enrique Cortes	23	Male Vet	00:58:56	13	00:08:47	00:01:14	00:28:01	00:00:51	00:20:00
Alford Novice & Team	Janice Gordon	24	Female Super Vet	00:57:30	1	00:08:52	00:02:02	00:29:58	00:00:58	00:15:38
Alford Novice & Team	Blair Mckay	41	Male Super Vet	00:49:52	1	00:07:59	00:01:25	00:24:39	00:00:24	00:15:21
Alford Novice & Team	Raymond Edgar	45	Male Super Vet	00:54:39	2	00:08:00	00:01:54	00:27:30	00:00:45	00:16:27
Alford Novice & Team	Frank Musgrave	1	Male Super Vet	00:59:06	3	00:12:05	00:02:27	00:29:56	00:00:21	00:14:13
Alford Novice & Team	Bert Mcintosh	21	Male Vintage	00:54:34	1	00:10:33	00:01:19	00:25:31	00:00:24	00:16:45
Alford Novice & Team	Andrew Young	93	Team	00:40:20	1	00:05:17	00:01:00	00:21:32	00:00:29	00:11:59
Alford Novice & Team	Pj Barron	61	Team	00:41:09	2	00:06:03	00:01:48	00:21:52	00:00:30	00:10:53
Alford Novice & Team	Douglas Wood	92	Team	00:41:50	3	00:05:16	00:00:48	00:22:09	00:00:34	00:13:00
Alford Novice & Team	Andrinne Craig	78	Team	00:42:00	4	00:06:46	00:00:49	00:22:33	00:00:33	00:11:17
Alford Novice & Team	Kevin Barclay	46	Team	00:45:39	5	00:08:31	00:00:57	00:22:48	00:00:41	00:12:40
Alford Novice & Team	Duncan Munro	48	Team	00:46:18	6	00:07:21	00:01:01	00:24:02	00:00:33	00:13:18
Alford Novice & Team	Justin Thomas	59	Team	00:46:52	7	00:07:21	00:00:58	00:23:56	00:00:41	00:13:52
Alford Novice & Team	Scott Munro	86	Team	00:47:36	8	00:06:14	00:00:54	00:26:57	00:00:41	00:12:48

Alford Novice & Team	George Clements	96	Team	00:47:45	9	00:04:52	00:00:54	00:25:31	00:00:44	00:15:40
Alford Novice & Team	Ruaridh Newman	71	Team	00:47:52	10	00:06:23	00:00:49	00:25:57	00:00:43	00:13:57
Alford Novice & Team	Margit Matthews	49	Team	00:48:26	11	00:07:19	00:00:59	00:27:13	00:00:40	00:12:11
Alford Novice & Team	Iona Gatenby	60	Team	00:50:04	12	00:08:07	00:00:54	00:25:53	00:00:42	00:14:25
Alford Novice & Team	Debra Steele(1)	19	Team	00:50:15	13	00:08:11	00:01:09	00:23:52	00:00:49	00:16:11
Alford Novice & Team	Gary Horne	55	Team	00:50:57	14	00:06:32	00:01:05	00:29:03	00:00:36	00:13:38
Alford Novice & Team	Steve Barrett	6	Team	00:51:02	15	00:10:00	00:01:39	00:22:56	00:00:39	00:15:45
Alford Novice & Team	Colin Allanach	15	Team	00:51:32	16	00:08:49	00:01:06	00:23:21	00:00:41	00:17:33
Alford Novice & Team	Graham Blair	62	Team	00:51:37	17	00:07:07	00:00:55	00:27:42	00:00:42	00:15:08
Alford Novice & Team	Claire Bonner	50	Team	00:52:09	18	00:07:57	00:01:03	00:23:02	00:00:42	00:19:22
Alford Novice & Team	David Mcintosh	63	Team	00:55:45	19	00:07:39	00:00:58	00:31:51	00:00:44	00:14:31
Alford Novice & Team	Seamus Collins	54	Team	00:55:47	20	00:07:11	00:00:58	00:30:13	00:00:40	00:16:42
Alford Novice & Team	Emma Mcintosh	64	Team	00:56:00	21	00:06:39	00:01:05	00:31:04	00:00:42	00:16:28
Alford Novice & Team	Jamie Homyer	37	Team	00:58:34	22	00:10:15	00:01:02	00:29:56	00:00:40	00:16:37
Alford Novice & Team	Debra Steele	18	Team	00:58:51	23	00:08:10	00:01:09	00:29:02	00:00:48	00:19:40