

## Alford Short and Team 06/08/2006 by Category

				Time	Swim	Bike	Run
<b>Female 16 - 19</b>							
1	Jennifer McLaren	FJ	Unattached	<b>48:46</b>	06:49	33:33	08:24
2	Sarah Young	FJ	Nordic Skiers	<b>48:53</b>	06:25	28:03	14:25
<b>Female 20 - 39</b>							
1	Laura Sinclair	FS	Fleetfeet	<b>46:35</b>	06:36	25:32	14:27
2	Barbara Loester	FS	Kings Triathletes	<b>46:38</b>	06:13	26:31	13:54
3	Olwen Thorn	FS	Unattached	<b>53:08</b>	07:26	27:59	17:43
4	Fiona Calder	FS	Three Peaks	<b>54:53</b>	07:51	29:29	17:33
5	Sandra Reid	FS	Garioch Road Runners	<b>55:02</b>	10:04	29:32	15:26
6	Joanne Munro	FS	Unattached	<b>57:13</b>	10:58	31:18	14:57
7	Penny Mitchell	FS	Unattached	<b>57:46</b>	06:50	31:49	19:07
8	Donna McNally	FS	Chapel Cheetahs	<b>1:01:50</b>	11:09	33:28	17:13
9	Courtney Ogrady	FS	Chapel Cheetahs	<b>1:02:11</b>	08:24	34:00	19:47
10	Nicola Strachan	FS	Chapel Cheetahs	<b>1:02:40</b>	08:32	34:43	19:25
11	Caroline Hird	FS	Chapel Cheetahs	<b>1:02:43</b>	10:24	33:04	19:15
12	Sarah Illingworth	FS	Unattached	<b>1:08:18</b>	10:41	36:53	20:44
<b>Female 40 - 49</b>							
1	Beverly Childs	FV	RAFTA	<b>47:36</b>	06:45	26:04	14:47
2	Linda Sim	FV	Fleetfeet	<b>53:08</b>	08:11	28:19	16:38
3	Jennifer McWilliam	FV		<b>54:17</b>	08:41	30:22	15:14
4	Claire Fyfe	FV	Chapel Cheetahs	<b>1:00:31</b>	09:50	30:40	20:01
5	Sandra Walls	FV	Chapel cheetahs	<b>1:00:36</b>	10:17	30:16	20:03
6	Ishbell Robertson	FV	Three Peaks	<b>1:02:28</b>	08:29	33:51	20:08
7	Mika MacKenzie	FV	Unattached	<b>1:04:46</b>	08:30	35:28	20:48
8	Fiona Cormack	FV	Unattached	<b>1:10:08</b>	08:40	44:34	16:54
9	Lindsay Cortes	FV	Chapel Cheetahs	<b>1:11:32</b>	11:06	38:26	22:00
10	Vicky Bennett	FV	Unattached	<b>1:13:15</b>	11:36	39:56	21:43
<b>Female 50 - 59</b>							
1	Anne Jessiman	FVS	Unattached	<b>51:51</b>	08:12	28:01	15:38
2	Jeanette McBoyle	FVS	Three Peaks	<b>1:07:19</b>	09:34	34:59	22:46
<b>Male 16 - 19</b>							
1	Andrew Young	MJ	Nordic Skiers	<b>39:36</b>	05:29	24:32	09:35
2	Andrew Musgrave	MJ	Nordic Skiers	<b>42:24</b>	06:40	23:30	12:14
3	Peter Thomson	MJ	Nordic Skiers	<b>44:45</b>	06:58	25:56	11:51

## Alford Short and Team 06/08/2006 by Category

				Time	Swim	Bike	Run
4	PJ Barron	MJ	Nordic Skiers	<b>45:03</b>	06:05	25:19	13:39
5	Jeff Oliver	MJ	Unattached	<b>50:40</b>	07:38	28:55	14:07
6	Thomas Gelati	MJ	Unattached	<b>52:41</b>	09:33	26:39	16:29
<b>Male 20 - 39</b>							
1	Chris Jessiman	MS	Unattached	<b>43:34</b>	06:57	23:55	12:42
2	Martin Goodlad	MS	Unattached	<b>44:36</b>	05:56	24:14	14:26
3	Marcus Kenny	MS	Fleetfeet	<b>44:51</b>	07:00	24:16	13:35
4	Jeff Paterson	MS	Unattached	<b>45:51</b>	06:56	25:32	13:23
5	Ross Clark	MS	DTCC	<b>46:18</b>	05:51	24:05	16:22
6	Rodrigo Aspe	MS	Unattached	<b>46:32</b>	07:13	26:12	13:07
7	Wilbur Stewart	MS	Unattached	<b>46:36</b>	07:41	25:00	13:55
8	Barry Smart	MS	Unattached	<b>49:19</b>	07:09	26:40	15:30
9	Frank Pinder	MS	Fleetfeet	<b>49:24</b>	06:10	27:31	15:43
10	Steven Wilson	MS	Unattached	<b>50:14</b>	08:01	27:20	14:53
11	Ewan Murray	MS	Unattached	<b>51:36</b>	08:07	28:43	14:46
12	Bruce Crawford	MS	Grampian Police	<b>52:39</b>	08:48	28:31	15:20
13	Scott Munro	MS	Unattached	<b>52:39</b>	08:39	27:49	16:11
14	Kevin Murray	MS	Three Peaks	<b>53:22</b>	09:08	29:20	14:54
15	Bill Mutch	MS	Unattached	<b>53:23</b>	08:45	29:35	15:03
16	Andrew Penley	MS	Unattached	<b>54:24</b>	07:59	30:06	16:19
17	Neil Brady	MS	Unattached	<b>1:00:25</b>	10:05	31:51	18:29
18	Stephen Gibb	MS	Unattached	<b>1:04:48</b>	09:21	34:37	20:50
19	Simon Foxley	MS	Unattached	<b>1:05:33</b>	08:31	36:57	20:05
20	Mike Adams	MS	Unattached	<b>1:07:50</b>	14:44	32:11	20:55
21	Graeme Edward	MS	Unattached	<b>1:09:08</b>	11:38	39:10	18:20
22	Daniel Bird	MS	Unattached	<b>1:14:24</b>	12:31	45:35	16:18
<b>Male 40 - 49</b>							
1	Jake Vellacott	MV	Three Peaks	<b>41:29</b>	06:21	22:15	12:53
2	Kevin Adam	MV	Fleetfeet	<b>45:26</b>	06:49	25:20	13:17
3	Bill Bennett	MV	Unattached	<b>46:53</b>	08:16	30:09	08:28
4	Jim Briggs	MV	Unattached	<b>47:09</b>	08:00	26:52	12:17
5	Richard Young	MV	Unattached	<b>48:00</b>	07:12	26:00	14:48
6	Paul McMillan	MV	Unattached	<b>48:55</b>	07:09	26:58	14:48
7	Colin Larmour	MV	Cosmic Hill Bashers	<b>49:13</b>	09:14	27:32	12:27
8	Ian Wilson	MV	Unattached	<b>49:45</b>	07:44	27:15	14:46
9	Simon Issac	MV	Three Peaks Triathletes	<b>49:52</b>	07:21	26:29	16:02
10	John Goudie	MV	Unattached	<b>51:49</b>	09:36	27:04	15:09
11	Kenny Grant	MV	Three Peaks	<b>52:51</b>	08:58	27:51	16:02

## Alford Short and Team 06/08/2006 by Category

				Time	Swim	Bike	Run
12	Simon Bussell	MV	Unattached	<b>53:06</b>	08:37	27:09	17:20
13	Brian Blagden	MV	Three Peaks	<b>54:14</b>	08:42	30:01	15:31
14	Alan Fyfe	MV	Chapel Cheetahs	<b>54:28</b>	09:28	29:39	15:21
15	Liam McGurk	MV	Unattached	<b>55:25</b>	07:05	31:01	17:19
16	Colin Allanach	MV	Ythan C C	<b>55:50</b>	08:41	28:37	18:32
17	Derek Johnstone	MV	Cosmic Hill Bashers	<b>55:56</b>	12:26	29:04	14:26
18	Dominic Flaherty	MV	Unattached	<b>56:05</b>	08:17	31:29	16:19
19	Ben Walls	MV	Chapel Cheetahs	<b>59:37</b>	11:19	32:35	15:43
20	Enrique Cortes	MV	Chapel Cheetahs	<b>1:05:43</b>	11:00	32:41	22:02
21	Dave Campbell	MV	Unattached	<b>1:12:04</b>	12:38	36:37	22:49
22	Stephen McNeil	MV	Unattached	<b>1:15:31</b>	14:33	41:33	19:25
	Spare Person(1)	MV		<b>no time</b>	18:45	no result	no result

### Male 50 - 59

1	Murray Bryce	MVS	Three Peaks	<b>50:31</b>	08:09	27:37	14:45
2	Peter Clark	MVS	DTCC	<b>51:35</b>	08:11	25:55	17:29
3	Raymond Edgar	MVS	Unattached	<b>52:55</b>	08:30	28:21	16:04
4	Frank Musgrave	MVS	Three Peaks	<b>1:02:32</b>	13:00	33:55	15:37
5	Colin Mitchell	MVS	Unattached	<b>1:07:46</b>	10:26	35:36	21:44

### Male 60+

1	Hugh Gordon	MVT	Banff Swimming Pool	<b>51:28</b>	07:45	30:51	12:52
2	Bert McIntosh	MVT	Fleetfeet	<b>55:43</b>	10:39	27:39	17:25

### Team

1	Donna Gray	MX	Tri Belly Babes	<b>42:36</b>	06:16	24:22	11:58
2	Steve Barrett	MX	Tri - Jelly Bears	<b>44:52</b>	06:47	26:28	11:37
3	GB Dev D	MX	GB Dev D	<b>46:28</b>	07:32	23:07	15:49
4	Douglas Wood	MX	Wooden Cheetahs	<b>46:33</b>	07:07	24:23	15:03
5	GB Dev B	MX	GB Dev B	<b>46:39</b>	09:05	25:10	12:24
6	GB Dev F	MX	GB Dev F	<b>47:41</b>	06:08	30:25	11:08
7	George Clements	MX	Tri - Harder	<b>47:54</b>	06:47	27:37	13:30
8	GB Dev E	MX	GB Dev E	<b>48:31</b>	06:50	26:39	15:02
9	Stephen Dunn	MX	Bold Dashers	<b>48:45</b>	08:03	26:42	14:00
10	David McIntosh	MX	Team McIntosh	<b>49:22</b>	06:08	25:15	17:59
11	Debra Steele	MX	Flash Dashers	<b>49:26</b>	07:20	29:40	12:26
12	Elaine Tierney	MX	3 Bears	<b>49:59</b>	06:39	28:17	15:03
13	Ruth MacKenzie	MX	Team MacKenzie	<b>50:30</b>	08:19	29:35	12:36
14	GB Dev C	MX	GB Dev C	<b>50:45</b>	07:42	22:31	20:32

## Alford Short and Team 06/08/2006 by Category

				Time	Swim	Bike	Run
15	GB Dev A	MX	GB Dev A	<b>50:54</b>	10:21	25:03	15:30
16	Steve McIntosh	MX	Tri Changing Gear	<b>51:59</b>	06:49	22:12	22:58
17	Victor Allan	MX	Allan Family	<b>52:01</b>	07:53	23:57	20:11
18	Fiona Collins	MX	Team Collins	<b>53:53</b>	07:07	31:26	15:20
19	Sally Collinson	MX	Pink Ladies	<b>54:44</b>	06:11	35:02	13:31
20	Fiona McDonald	MX	Team McDonald	<b>55:33</b>	06:28	34:08	14:57
21	Liz Briggs	MX	Team Briggs	<b>56:09</b>	07:33	32:12	16:24
22	Rosie Hickey(1)	MX	Bennachie Boys	<b>57:10</b>	09:49	33:47	13:34
23	John Hird	MX	Hirdie Chapel Cheetahs	<b>57:21</b>	09:25	31:46	16:10
24	Sue Flaherty	MX	Banchory Drillies	<b>59:40</b>	07:36	34:48	17:16
25	Rosie Hickey(2)	MX	Benn Bashers	<b>1:00:38</b>	08:45	31:05	20:48
26	Margaret McMillan	MX	Team McMillan	<b>1:04:18</b>	08:25	39:16	16:37
27	Kerry Canning	MX	Ladies of the Loch	<b>1:05:56</b>	09:24	36:56	19:36
28	Katherine Scott	MX	Team Scott	<b>1:06:42</b>	10:49	40:03	15:50
29	Rosie Hickey	MX	Tri - Hard Ladies	<b>1:08:33</b>	06:25	43:07	19:01

### Female Junior Championship

1	Jenny MacDougall	FJC	Portobello ASC	<b>49:35</b>	06:26	28:48	14:21
2	Amy Lyon	FJC	Unattched	<b>54:11</b>	05:33	33:41	14:57

### Male Junior Championship

1	Chris Thomson	MJC	Kinross High School Tri Club	<b>39:17</b>	05:14	22:27	11:36
2	Ben McCulloughYou	MJC	Warrender Baths Club	<b>40:15</b>	04:53	23:23	11:59
3	Gary Milne	MJC	Unattached	<b>44:37</b>	05:03	25:30	14:04
4	Robert Adam	MJC	DTCC	<b>51:50</b>	07:22	27:59	16:29
5	Hugh Walton	MJC	DTCC	<b>53:05</b>	06:23	31:47	14:55
6	Ewan MacKenzie	MJC	Deeside Runners	<b>54:31</b>	07:02	32:16	15:13
7	Simon Walls	MJC	Chapel Cheetahs	<b>57:50</b>	08:57	33:49	15:04
8	Murray Fyfe	MJC	Chapel Cheetahs	<b>1:03:42</b>	09:35	34:17	19:50